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INDEX

SR. NO.	CONTENT
01	SUMMARY OF INNOVATION ECOSYSTEM
02	Department of Kriya Sharir
03	Department of Rognidan Vikruti Vigyan
04	Department of Samhita Siddhant and Sanskrit



Principals
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.

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3.2.1

Institution has created an ecosystem for innovations including incubation center and other initiatives for creation and transfer of knowledge.

CSMSS College of Ayurveda has active Innovation cell. Every year students and staff are engaged in various innovative research activities. As per the protocol all the students are informed regarding undertaking of innovations projects. For that purpose, Innovation committee has prepared projects proforma. Concerned department who want to undertake projects have to fulfill the proforma and send to Innovation committee. After approval, department works on the innovation projects and submit it after completion.

In the year 2024-2025 total Three projects were undertaken by department of Samhita Siddhant and Sanskrit, Rognidan Vikruti Vigyan and Kriya Sharir Department.

Sr no	Name of project	Department	Date of accomplishment	Evidences
01	Departmental Projects	Kriya Sharir	August 2024	01
02	Departmental Projects - Collaberative	Rognidan Vikruti Vigyan	May 2025	01
03	Innovative website	Samhita Siddhant and Sanskrit	January 2025	01

These projects are very useful for UG as well as PG students to enhance their knowledge.



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KRIYA SHARIR DEPARTMENT PROJECT

Project based learning initiative

Academic year : 2024 – 2025

1. Introduction :

The kriya sharir dept has undertaken a comprehensive academic initiative to promote indepth learning and application of ayurvedic principles among first professional BAMS students. This project- based learning initiative is designed to encourage students to engage deeply with core ayurvedic topics, enhance their understanding , and cultivate research-based and collaborative learning skills.

2. Objective :

The primary objective of this departmental project is:

- To deepen the understanding of ayurvedic knowledge thorough focused group projects on fundamental and advanced ayurvedic concepts.
- To foster teamwork and research aptitude among students by assigning diverse topics related to Ayurveda.
- To enhance presentation and communication skills thorough group collaboration and interactive discussion.

3. Project overview

- Total students involved : 100
- Total groups formed: 25
- Students per group : 4
- Topic allocation : each group was assigned a unique topic from core ayurvedic subjects.

Each group was expected to :

- Conduct a literature review using classical ayurvedic texts.
- Prepare detailed report on assigned topic.



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- Present their finding before peers and faculty members.

4. Mode of execution

- **Timeline:** project was executed over a period of 4 weeks.
- **Guidance :** each group was mentored by faculty member from kriya sharir department.
- **Resources :** access to departmental library, classical texts(samhitas), online databases, and faculty consultations.
- **Evaluation criteria:** depth of content, understanding of ayurvedic principles, presentation clarity, and teamwork.

5. Outcome

- Student gained a comprehensive understanding of key ayurvedic concepts.
- Improved team collaboration and academic research skills.
- Boosted confidence in presenting ayurvedic knowledge.
- Faculty observed an overall increase in conceptual clarity and student participation in discussion.

6. Conclusion

The project initiative by the kriya sharir department has successfully achieved its goal of promoting deeper ayurvedic learning among students. By integrating group learning and focused study on ayurvedic topics, the project has significantly contributed to academic growth and holistic understanding of Ayurveda in the student community.

PROJECT INCHARGE :

Dr . Fulse S.D. (Hod & Professor ; Dept of Kriya Sharir)



Fulse S.D.
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Fulse S.D.
HOD

DEPT OF KRIYA SHARIR

H.O.D. & PROFESSOR
Dept. of Kriya Sharir
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TEAM PROJECT WORK LIST 2024 – 2025

SR. NO	ROLL NO	TOPIC
1	1-4	Basic principles of Ayurveda
2	5-8	Vata Dosha
3	9-12	Pitta Dosha
4	13-16	Kapha Dosha
5	17-20	Dosha – Vriddhi Kshay
6	21-24	Kriyakala
7	25-28	Prakriti: Deha & Manasa
8	29-32	Ahara & Agni
9	33-36	Aharapaka
10	37-40	Dhatu
11	41-44	Rasa Dhatu
12	45-48	Rakta Dhatu



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13	49-52	Mamsa Dhatu
14	53-56	Meda Dhatu
15	57-60	Asthi Dhatu
16	61-64	Majja Dhatu
17	65-68	Shukra Dhatu
18	69-72	Concept of ashraya-ashrayi bhav
19	73-76	Ojas
20	77-80	Upadhatu
21	81-84	Trimala
22	85-88	Indriya vigyan
23	89-92	Manas
24	93-96	Atma
25	97-100	Nidra & Swapna



Reshmesh

AS
HOD

DEPT OF KRIYA SHARIR

H.O.D. & PROFESSOR

Dept. of Kriya Sharir

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Rognidan Innovation Project

Name of dept. – Rognidan Vikruti Vigyan Department

Project Incharge – Dr. Amale D.J. (Professor & H.O.D. Rognidan Dept.)

Project Guided By – Dr. Amale D J

Dr. Deshmukh A M

Dr. Dharmadhikari B D

Dr. Gaikwad M D

Dr. Rahul Surnar P

Dr. Bobade Aarti

Date of commencement – 2024-25

Title of project – Collaborative Diagnostic Analysis

Project description –

Aim- fostering in pupils a unique and integrated approach to the Rognidan Avum Vikruti Vigyan subject from the perspective of modern science. This fosters invention and originality while raising their level of interest in the topic.

Preparation - We encourage students in our Rognidan Avum Vikruti Vigyan Department to come up with innovative syllabus ideas. Students gather information from books, journals, research papers, and other sources. In order to improve their teamwork, we also require them to submit their data in groups in a serial fashion.

Material used –

Procedure – Students gather information on the assigned subject and confirm it with the assigned faculty. After which it is submitted in hard copy.



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**Department- Rognidan Avam Vkiruti Vidnyan
Apotikar Batch Project List**

Group	Roll No.	Name of the Student	Topic	Guide
Group 'A'	1	Apotikar Jayesh Gajanan	ECG	Dr.Surnar R.P
	2	Badgujar Aditya Balu		
	3	Bagul Shubhangi Arvind		
	4	Bawaskar Monika Dattatray		
	5	Bhandwalkar Yash Bharatrao		
	6	Bihani Shatakshi Shailesh		
	7	Bodke Shantanu Bhagwanrao		
	8	Chakkar Sandhya Dilip		
	9	Chalak Kanchan Vitthal		
	10	Chavan Nilkanth Bhima		
	11	Chavan Pratik Raosaheb		
	12	Chavan Tanvi Subhash		
	13	Choudhari Pratiksha Sadanand		
	14	Dahatonde Pooja Damodar		
	15	Davkar Gauri Yashwant		
	16	Debadwar Krishna Chandrakant		
	17	Deshmukh Shruti Dhanaji		
	18	Gadhawe Vaibhav Dattarao		
	19	Gaikwad Shubham Eknath		
	20	Garje Gokul Babasaheb		
Group 'B'	21	Gavane Anirudha Dattatraya	Diagnostic Reports	Dr.A.M Deshmukh
	22	Gawali Yashwanti Sunil		
	23	Gayke Anjali Dadarao		
	24	Gayke Sapana Arun		
	25	Ghuge Sheetal Sambhaji		
	26	Gore Aadesh Jagannath		
	27	Guhade Pooja Baban		
	28	Gujar Shital Shivrup		
	29	Gutte Rutuja Ashok		
	30	Hinge Gaurav Lahurao		
	31	Ithape Siddhant Sanjay		
	32	Jadhav Darshan Premsing		
	33	Jadhav Rukmangad Eknath		



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	34	Jangame Trupti Arun		
	35	Jaybhaye Arti Sudam		
	36	Jogade Sakshi Mahadev		
	37	Kadam Pratiksha Gangadhar		
	38	Kale Sayali Vinod		
	39	Kanse Pratiksha Popat		
	40	Katmore Parth Rajkumar		
Group 'C'	41	Kendre Gayatri Motiram	X-RAY	Dr.Aarati Bobade
	42	Khan Aamena Tahreem Mujeeb Ahmed		
	43	Khan Naaz Parveen Nihal Khan		
	44	Khatik Mohd Juned Mohd Iqbal		
	45	Khatun Shavinaz		
	46	Khole Rohit Narayan		
	47	Kore Kartik Pandharinath		
	48	Kuwar Raj Mahendra		
	49	Lokhande Gopal Madhukar		
	50	Lomate Sakshi Kishan		
	51	Mahadule Mayuri Kanhaiyalal		
	52	Male Shraddha Samarth		
	53	Manputre Saurabh Santosh		
	54	Mapari Sanika Ravindra		
	55	Mohammad Hanzala Javed Ahmed		
	56	More Gayatri Vijaykumar		
	57	Mulgir Niraj Vishvanath		
	58	Munde Payal Pramod		
	59	Muneshwar Purna Bhimrao		
	60	Mutkule Aniket Gajanan		
Group 'D'	61	Nabeela Firdaus Abdul Habib	Slides	Dr.M.D. Gaikwad
	62	Nalavade Shravani Suhas		
	63	Nawale Asmita Pralhad		
	64	Parekar Sanika Vilas		
	65	Patil Ajay Kailas		
	66	Patil Atharva Shashikant		
	67	Patil Pragati Ratnakar		
	68	Patil Ruchita Sanjaysingh		
	69	Pawar Sulochana Arun		
	70	Pokale Pradip Rohidas		



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	71	Pukane Priti Prakashrao		
	72	Rajpallu Shubham Vitthal		
	73	Rakhonde Pornima Digambar		
	74	Rathi Shreya Manish		
	75	Sable Aniket Babasaheb		
	76	Sahane Pallavi Rajaram		
	77	Sayyed Saniya Azim		
	78	Shaikh Farhana Begum Ameer		
	79	Shaikh Humera Fatema Abdul Gaffar		
	80	Shaikh Muskan Ajiyoddin		
Group 'E'	81	Shaikh Muskan Sattar	Causative Factors	Dr.Dharmadhikar B.D
	82	Sharma Diksha Maniram		
	83	Shinde Dhairyashil Vijay		
	84	Shinde Rohit Namdev		
	85	Soundankar Vaishnavi Girishrao		
	86	Supekar Anushka Babanrao		
	87	Susar Abhishek Laxman		
	88	Totade Sneha Naresh		
	89	Varpe Swapnil Santosh		
	90	Vibhute Vaibhav Pandurang		
	91	Wagh Aditya Sambhaji		
	92	Waghmare Aniket Kadu		
	93	Wani Anagha Vijay		
	94	Warkad Mahesh Vishnu		
	95	Zore Priyanka Ravindra		
	96	Zoting Renuka Amol		
	R1	Katkade Pandit Balaji		
	R2	Kharat Manoj Khanderao		
	R3	Maske Utkarsh Vinod		
	R4	Pusnake Pawan Pandurang		

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Sr.No	Topic/Project	Teacher name
21	Pallor - Iron deficiency Anemia	Dr.D.J Amale 
22	Distention of abdomen	
23	Clubbing of Nails	
24	Cullen's Sign & Gray Turner's Sign	
25	Exophthalmos- Hyperthyroidism	
26	Jaundice	
27	Bell's palsy	
28	Gout	
29	Herpes Zoster	
30	Rheumatoid Arthritis	
31	Abnormalities of vertebral column	
32	Pitting Edema & Elephantiasis	
33	Babinski Sign	
34	Central & Peripheral Cyanosis	
35	Ataxic & Hemiplegic Gait	
36	Left hypoglossal nerve lower motor neuron palsy	
37	Measles	
38	Psoriasis	
39	Tetanus	
40	Urticaria	



Dr. Amale


Dr. Amale D.J
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Rognidan evum Vikruti Vidnyan Department

PROJECT PROFORMA FOR INNOVATION

NAME OF DEPARTMENT: Samhita Siddhant and Sanskrit

INCHARGE OF PROJECT: Dr. UJWALA R. UPADHYAY

DATE OF COMMENCEMENT: 01ST December 2024

TITLE PROJECT: Web Page on Rutucharya Seasonal regimen

PROJECT DESCRIPTION:

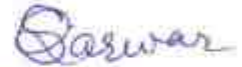
The Samhita Siddhant department consist of standard protocol on the healthy living being according to the different environmental i.e. seasonal changes. So, department has developed the webpage on Rutucharya seasonal regimen. Webpage Url is <https://krissp08.github.io/ritucharya/>

PROJECT INCHARGE: Dr. UJWALA R. UPADHYAY

HEAD OF DEPARTMENT: Dr. SMITA ASWAR



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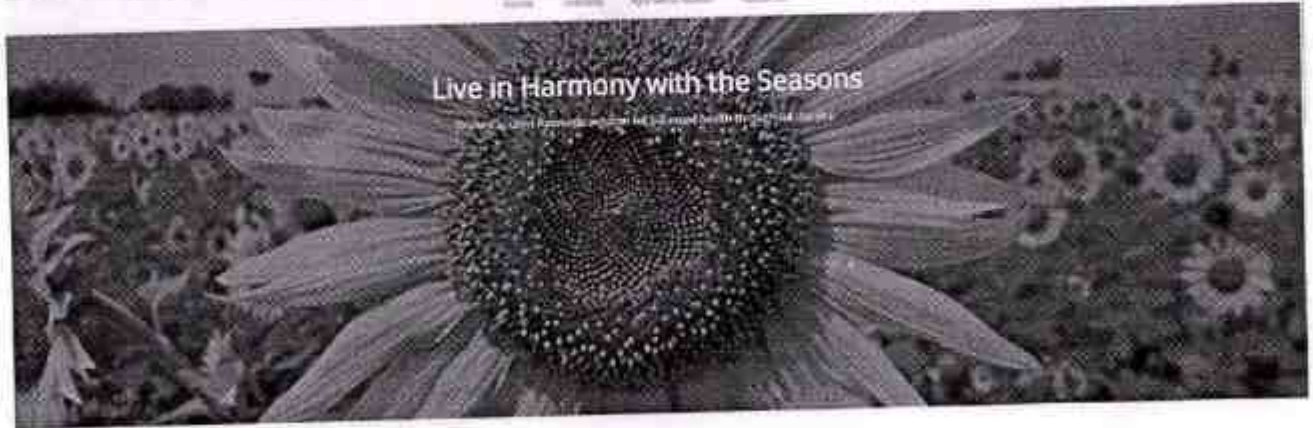
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Shishir (Late Winter)

The Short Strength of Yellows

Explore seasonal traits, diet, and lifestyle tips.



Vasanta (Spring)

The Awakening of Life and Vitality

Explore seasonal traits, diet, and lifestyle tips.



Grishma (Summer)

The Radiance of the Fery Sun

Explore seasonal traits, diet, and lifestyle tips.



Varsha (Monsoon)

The Rhythmic Dance of the Storm

Explore seasonal traits, diet, and lifestyle tips.



Sharad (Sharada)

The Golden Splendor of Light and Clarity

Explore seasonal traits, diet, and lifestyle tips.



Hemanta (Early Winter)

The Soothing Embrace of Warmth

Explore seasonal traits, diet, and lifestyle tips.



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छत्रपती शाहू महाराज शिक्षण संस्था संचालित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

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