



ESTD : 1989
NCISM College Code : AYU0153
MUHS College Code : 124191

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2013 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघर्षित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For Theory (LH) UG

Dept.:Prasutitantra evum streeroga

Year: 2024-2025

Batch- Regular

TERM - I

Sr. No.	Name of Faculty	LH Point	Syllabus
1	Dr. Yannawar S.M.	Topic 1,13, 15	Enumerate and describe Stree vishista Rachana Shareera – Tryavarta yoni, garbhashaya. Describe types of yantra and its utilization. Explain ashtaartava dushti, artavakshaya. Explain PCOS, Anartav. Explain asrugdara and artava vridhhi Describe abnormal uterine bleeding.
2	Dr.Pawar S.P	Topic 12, 14 (PA 1)	Development of female reproductive system and Anomalies of female reproductive system Explain anatomical, physiological aspect of puberty and menopause Explain neuroendocrinology in puberty and menopause. History taking in Gynecology. Gynecological examination.
s3	Dr.Kharad K.Y	Topic 1 ,3 ,4 (PA 1)	Female pelvis and its obstretics measurement with clinical importance Explain Garbhashayantara Garbhashtiti. Describe Antenatal care as per national protocol
4	Dr.Tandale M.B	Topic 2 (PA 1) Topic 3 Topic 4	Explain the origin of the word stree with nomenclature and classification based on age (vayobheda stree sangya) Describe the formation of and function of Apra (placenta with membranes), Garbh nabhinadi (umbilical cord) and garbhodak (amniotic fluid) Masanumasik Garbhini paricharya
5	Dr.Chikate A.S	Topic3,4	Explain the importance of pre- conception care and factors promoting conception Describe feotus-in-utero, Lie, Attitude, presentation Physiological changes during pregnancy

Dr. Jayshri S. Deshmukh
HOD And Professor
Prasutitantra Striig Dept.
CSMS Ayurved College
Kanchanwadi, Chhatrapati Sambhajinagar

Prashman
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@csmsayurved.com, principalcsmsayu@gmail.com, Website: www.csmsayurved.com



NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

Estd : 1999
NCISM College Code : AYUR153
MUHS College Code : 124101

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)

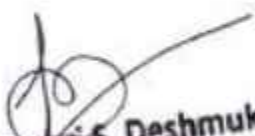


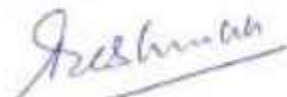
Annual Teaching Plan (ATP) For NLHT UG

Dept.: Prasutitantra evum streeroga
Batch- Regular

Year: 2024-2025
TERM - I

Sr. No.	Name of Faculty	NLHT Point	Syllabus
1	Dr.Yannawar S.M	13.1, 15.1,15.2	Identify and discuss the uses of instruments with method of sterilization Acquire comprehensive understanding of ashtarva dushti. Describe artava kshaya, anartava, asrugdara and artava vridhhi.
2	Dr.Chikte A.S	1.1, 3.1,4.1	Describe external and internal genital organs with applied clinical aspects. Define Garbh and explain the process of Garbhadhan and Garbhavkranti
3	Dr.Pawar S.P	12.1,12.2 14.1	Explain neuroendocrinology with respect to puberty, applied aspect of puberty and adolescence. Elaborate essential componants of gynecological history taking.
4	Dr.Kharad K.Y	2.1, 2.4, 3.3,3.4, 4.3	Define raja, artava, shukra. Describe shudha artava and shudha shukra lakshanas with clinical significance Describe Rutumati lakshana and paricharya Describe Garbhavriddhikara bhava, Garbhaposhan. Explain masanumasik Garbha vridhhi. Demographic statistic related to obstretics.
5	Dr. Tandale M.B	2.2,2.3, 3.2,4.2	Explain the role of tridosha and panchmahabhut in rutuchakra Explain physiology of menstrual cycle and its phases Describe Apra, Nabhinadi, Garbhodaka vikaras Screen and identify high risk pregnancy.


Dr. Jayshree S. Deshmukh
HOD And Professor
Prasutitantra Strirag Dept.
CSMSS Ayurved College
Kanchanwadi, Chhatrapati Sambhajinagar

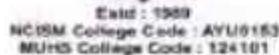

Principal
Chhatrapati Shahu Maharaj Shiksha Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कंचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayu@gmail.com, Website: www.cmssayurved.com



छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik)



Annual Teaching Plan (ATP) For NLHP UG

Dept.:Prasutitantra evum steeroga

Batch- Regular

Year: 2024-2025

TERM - I

Sr. No.	Name of Faculty	NLHP Point	Syllabus
1	Dr.Yennawar S.M	1.1,1.2,13.1,13.2,13.3,13.4, 15.1,15.2,15.3, 15.4	Demonstrate the anatomy of female reproductive organs – Tryavarta yoni, Garbhashaya, Stree vishista Marma & Peshi. Demonstrate the spatial orientation and positioning of the female reproductive organs within pelvic cavity and role of ligaments. Demonstrate blood supply to the uterus, adnexa and pelvic floor Techniques of holding and using instruments. Practice Techniques of holding and using instruments., Identify and plan the management of artava kshaya. Diagnose amenorrhea and plan management Diagnose and plan management of PCOS Identify causes and plan management of asrugdar and artava vridhhi.
2	Dr.Chikte A.S	12.3,12.4,3.2,4.1,4.4	Pubertal changes – Thelarche, pubarche and menarche Identify normal and abnormal pubertal changes Demonstrate Garbhashayantara Garbhashtiti. Pregnancy sign trimester wise Routine investigations in pregnancy
3	Dr.Pawar S.P	12.1,12.2, 14.1,14.2,14.3, 14.4	Development of female reproductive system Anomalies of female reproductive system Gynecological breast examination Demonstrate abdominal examination in gynecology. Demonstrate vaginal examination. Plan diagnostic procedures.
4	Dr. Kharad K.Y	1.3,4.3	Demonstrate landmarks of true pelvis, inlet, cavity, outlet with diameters of obstetric importance and their measurements. Obstetric history taking
5	Dr. Tandale M.B	2.1,3.1,4.2	Demonstrate dietary recommendations and other practices with potential health benefits of Rajaswala Paricharya Explain Garbhasamskara and pumsavana samskara. Garbhopghatkar bhava and garbhavikruti.

Dr. Jayshri S. Deshmukh
HOD And Professor
Central String Dept.
College

Principal

Dyhatnagati Shahu Maharaj Shikshan Sanstha's

Assured Multidisciplinary & Comprehensive

2016202 2016404 Firm Sustainability 0822

apolicmasayu@gmail.com, Website: www.

Address : Kanchanwadi, Paithe Road, Chhatrapati Sambhaji Maharaj, Mumbai - 400 054 (India)

Tel: (0240) 2646201, 2646202, 2646404 Fax: 2646405 Email: info@shanghai2010.cn

Email: principal@camssayurved.com, principalcamssayu@gmail.com, Website: www.camssayurved.com





NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघर्षित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For Theory (LH) UG

Dept.: Prasutitantra evum streeroga

Year: 2024-2025

Batch- Regular

TERM - 2

Sr. No.	Name of Faculty	LH Point	Syllabus
1	Dr. Yannawar S.M.	Topic 17, 19	Enlist Yonivyapad - Sankhya, Doshanusara bheda, Samanya Nidana, Upadrava and Sadhya-Asadhyata Explain Nidana, samprapti, Lakshana and Chikitsa of Udavarta, Vandhya, Vipluta, Paripluta Vatala Yonivyapad. Explain Nidana, samprapti, Lakshana and Chikitsa of Rudhirakshara, Vamini, Sramsini, Putraghni, Pittala Yonivyapad. Explain Nidana, Samprapti, Lakshana and Chikitsa of Atyananda, Karnini, Acharana, Aticharana, Shleshmala Explain Nidana, Samprapti, Lakshana and Chikitsa of Shandi, Phalini, Mahati, Suchivaktra, Sarvaja Explain Nidana, samprapti, Lakshana and Chikitsa of Antarmukhi, Shuska, Arajaska, Lohita kshaya, Upapluta, Prakcharana Yonivyapad. Explain Samanya Chikitsa Siddhanta of Yonivyapad and Pathya-Apathya. Define Dysmenorrhoea. Explain types - Primary & Secondary, aetiology, clinical signs and symptoms, investigations with treatment. Define Endometriosis and Adenomyosis Define Pelvic Inflammatory Disease (PID). Explain Cervical erosion and Ectropion Define Pelvic organ prolapse (POP) Explain the causes and management of -1. Dyspareunia2. Vaginismus3. Presacral neuralgia4. Constitutional nymphomania 5. Effluvium seminis Discuss various diagnostic procedures in Gynaecology viz PAP Smear
2	Dr. Pawar S.P	Topic 18, 20	Elaborate the concept of Vandhyatwa, Bheda and various Nidana - Aharaja, Viharaja, Yoni Vyapadjanya, Shukra Doshaja, Artava Doshaja, Akalyoga and Atmadoshajanya. Describe Vandhyatwa Chikitsa and Pathya-Apathya. Elaborate the concept of Vandhyatwa, Bheda and various Nidana



Chhatrapati Shahu Maharaj Shikshan Sanstha
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar

Address : Kanchanwadi, Pailhan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) [कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एच. एच.)]

Tel: (0240) 2646201, 2646202, 2646454 Fax: (0240) 2646222
Email: principal@csmsayurved.com, principalcsmsayurved@gmail.com, Website: www.csmsayurved.com



NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संवर्धित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

Estd : 1989
NCISM College Code : AYU0153
MUNS College Code : 124101

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



			- Aharaja, Viharaja, Yoni Vyapadjanya, Shukra Doshaja, Artava Doshaja, Akalyoga and Atmadoshajanya. Describe Vandhyatwa Chikitsa and Pathya-Apathya. Describe Male factors of Infertility with Investigations and guidelines of management. Discuss the role of Sthanika Upakrama in Streeroga - Yoni dhavana, Yoni prakshalana, Pichu dharana, Yoni varti, Yoni lepana, Yoni avachumana, Yoni purana, Yoni dhoopana, Kshara karma, Agni karma and Uttarabasti.
3	Dr.Kharad K.Y	Topic 5	Define Garbha Srava and Garbha Pata. Explain Nidana, Samprapti, Lakshana, and Chikitsa. Elaborate Nidana, Samprapti, Lakshana and Chikitsa of Garbha Vyapad - Upavishtaka Nagodara, Linagarbha, Makkala, Jarayu dosha. Describe Gestational Trophoblastic diseases and Rh incompatibility - pathophysiology and prevention. Describe Antarmruta Garbha - Nidana, Samprapti, Lakshana, Chikitsa.
4	Dr.Tandale M.B	Topic 6	Describe Nidana, Lakshana, Chikitsa of Garbhini Vyapad - Aruchi, Hrillasa, Chardhi, Vibandha. Describe Nidana, Lakshana, Chikitsa of Garbhini Vyapad - Atisara, Arsha, Parikartika, Udavarta, Vaivarnya, Kandu, Kikkisa. Define Pregnancy-Induced Hypertension, Pre-Eclampsia and Eclampsia Describe Gestational diabetes, Thyroid dysfunction and HIV - in pregnancy Describe Bahu-Apatya (Multiple pregnancy) - Causes, clinical findings, diagnosis and plan of management. Define Antepartum Hemorrhage (APH)
5	Dr.Chikate A.S	Topic 7	Describe Sutikagara nirmana and sangrahaneeya dravya. Define Prasava, explain Prasavahetu and Prasava kala. Describe causes of onset of Labour & narrate Physiology of Labour. Describe anatomy of fetal skull with diameters, fontanelle, and importance in labour. Define and explain the Avasthas - Prajayini, Upastitha Prasava, Asanna Prasava. Define Avi Shoola and Grahi Shoola. Explain Prasuti



Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha
Ayurved Mahavidyalaya & Rugnalaya
Kanchanwadi, Chhatrapati Sambhajinagar

Address : Kanchanwadi, Peithan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कंचनवडी, पैथन रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एच. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayu@gmail.com, Website: www.cmssayurved.com



Estd : 1983
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संयोजित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



			Maruta and Garbhastithi Parivartana during Prasavakala. Describe Stages of Labour. Explain the Mechanism of labour. Describe Prasava Paricharya. Explain monitoring and management of all stages of labour
--	--	--	--

[Signature]

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.





NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

Estd : 1989
NCISM College Code : AYU0153
MUNIS College Code : 124101

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For NLHP UG

Dept.: Prasutitantra evum streeroga

Year: 2025-2026

Batch- Regular

TERM - 2

Sr. No.	Name of Faculty	NLHP Point	Syllabus
1	Dr.Yannawar S.M	17.1 to 17.10, 19.1, 19.2	Diagnose and plan management of Udavarta (Kastartava) / Vatala/ Vipluta /Paripluta yonivyapad. Pittala/ Rudhirakshara/ Karnini/ Acharana/ Aticharana yonivyapad Dysmenorrhoea, Endometriosis and Adenomyosis. Pelvic Inflammatory Disease (PID), Case presentation on Yonivyapad, Cervical erosion, Yoni kandu - Pruritus Vulvae, Cystocele & Rectocele, Uterovaginal prolapse, Perform PAP test, Visual inspection examination and Colposcopy. Observe the procedure for Cervical biopsy and Endometrial biopsy
2	Dr.Chikte A.S	7.1 to 7.11	Labour Room Setup Diagnosis of Labour Fetal skull and labour Adequacy of pelvis Stages of Labour Mechanism of Labour Labour monitoring Management of stages of labour Plot partograph Episiotomy Intrapartum fetal monitoring techniques Jatamatra Paricharya
3	Dr.Pawar S.P	18.1 to 18.8, 20.1 to 20.7	Female partner evaluation in Infertility Male partner evaluation in Infertility Semen Analysis. Interpret Ultrasound / Follicular study Hysterosalpingography (HSG) Cervical mucous tests Intra Uterine Insemination (IUI) Practical case presentation on Infertility Perform Yonidhavana and Yoniprakshalana Yoni-Pichu dharana Yoni-varti Yoni lepana Yoni-avachoorana Yonipurana


Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कंचनवाडी, पैलथान रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayurved@gmail.com, Website: www.cmssayurved.com



Estd: 1988
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2015 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



			Yoni dhoopana
4	Dr.Kharad K.Y	5.1 to 5.4	Garbhashaya Mukha Vistrutikarana evam Garbhasaya Lekhana - Dilatation and Curettage Garbhashaya Greeva Samvrutikarana - Cervical Encircilage Intra Uterine Growth Restriction, Oligohydramnios and Polyhydramnios Ectopic pregnancy Intrauterine Fetal Demise (IUFD)
5	Dr. Tandale M.B	6.1 to 6.6	Garbhini Pandu - Anaemia in pregnancy Garbhini Jwara - fever in pregnancy. Hypertensive disorders in Pregnancy Yamala-garbha - Twin Pregnancy. Antepartum Hemorrhage -Placenta previa Antepartum Hemorrhage - Abruptio placenta

Kanchanwadi

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कान्चनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayu@gmail.com, Website: www.cmssayurved.com



ESTD : 1983
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For NLHT UG

Dept.:Prasutitantra evum steeroga

Year: 2025-2026

Batch- Regular

TERM - 2

Sr. No.	Name of Faculty	NLHT Point	Syllabus
1	Dr.Yennawar S.M	17.1 to 17.3, 19.1	Shlokas of Yonivyapad, Diagnostic toolsPanchakarma in Yonivyapad Case studies on different Yonivyapad
2	Dr.Chikte A.S	7.1	Essential drugs for labour practice; as per National protocol
3	Dr.Pawar S.P	18.1 to 18.3, 20.1, 20.2	Role of Panchakarma in Vandhyatwa Shukra Dushti and semen abnormalities Assisted Reproductive Techniques (ART) Kshara karma and Agni karma, Uttara Basti
4	Dr. Kharad K.Y	5.1 to 5.4	Abortion Intra uterine growth restriction Intra uterine fetal demise. Rakta Gulma
5	Dr. Tandale M.B	6	

[Signature]

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011, (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayuv@gmail.com, Website: www.cmssayurved.com



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For Theory (LH) UG

Dept.:Prasutitantra evum streeroga

Year: 2024-2025

Batch- Regular

TERM - 3

Sr. No.	Name of Faculty	LH Point	Syllabus
1	Dr.Yannawar S.M.	Topic 21,23,25,27	Elaborate Nidana, Samprapti, Bheda, Lakshana Chikitsa of Yonyarsha and Yonikanda. Explain the pathologies, clinical features, investigations and treatment of Bartholinitis, Bartholin's abscess and Bartholin's cyst. Explain the pathology, clinical features, investigations and treatment of Polyp – Cervical and Endometrial (Fibroid polyp). Explain Fibroid Uterus -Types, Clinical features, Investigations and Management. Describe Hetu, Samprapti, Lakshana and Chikitsa of Shweta Pradara. Elaborate Preoperative preparation with respect to Prasuti Stree Roga. Explain Postoperative care in Prasuti Stree Roga. Explain Granthi Nirharana (Cystectomy). Explain Garbhashaya Arbuda Nirharana (Myomectomy). Explain the aims, objectives, and benefits of Maternal and Child Health care programs - "Janani Suraksha yojana""Janani Shishu Suraksha Karyakram""Pradhan Mantri Surakshit Matritva Abhiyan""Mission Indradhanush""Menstrual hygiene""LaQshya Program""MAA program".
2	Dr.Pawar S.P.	Topic 22, 24, 26, 28	Describe Hetu, Samprapti, Lakshana, Upadrava, and Chikitsa of Upadamsha, Firanga, and Puyameha. Describe Sexually Transmitted Diseases with causative micro- organisms, pathology, clinical features, investigations and management. Explain the Anatomy of Breast and Anatomical defects. Elaborate Stana Roga - Stana Keelaka, Stana Granthi and Stanarbuda with Nidana, Samprapti, Lakshana and Chikitsa. Describe causative factors, etiopathogenesis, clinical features, investigations, complications and management of Mastalgia, Fibroadenoma, Carcinoma breast. Demonstrate Vishishta Phalashruti (Indication) of Formulations used in Prasuti and Streeroga. Churna Kalpana: Pushyanuga Churna, Shatpushpa Churna, Shatavari Churna, Nagakeshara Churna,Ghrita Kalpana: Phalaghrita, Kashmaryadi Ghrita, Vidaryadi GhritaTaila Kalpana:

Seshumali

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajnagar.



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajnagar-431 011. (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एच. एस्.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@csmsayurved.com, principalcsmsayu@gmail.com, Website: www.csmsayurved.com



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



			Dahtakyadi taila, Shatpushpa taila, Jatyadi Taila, Narayana Taila, Asava and Arishta: Ashokarishta, Kumaryasava, Rasa aushadhi: Rajahpravartini Vati, Pratapalankeshwar Rasa, Garbhapala Rasa, Pushpadhanva Rasa, Kwatha : Nyagrodhadi Kwatha, Dashmoola Kwatha, Panchavalakala Kwatha Paka Kalpana: Sobhagya Shunthi Paka, Puga Khanda/ Puga Paka, Avaleha: Jeerakavaleha, Kushmandavaleha. Explain the importance of Medical ethics and documentation in Obstetrics & Gynaecology
s3	Dr.Kharad K.Y	Topic 9	Explain- Nirukti, Paribhasa, Nidana, Samprapti, Lakshana of Moodhagarbha. Elaborate Bheda, Gati and Chikitsa of Moodhagarbha. Enumerate different types of abnormal presentations. Describe Cephalopelvic disproportion (CPD). Describe Upadrava of Moodha garbha. - Garbhakosha Parasanga, Makkala and Yonisamvarana. Describe obstetric emergencies with causes, clinical features and complications - cord prolapse, uterine inversion, amniotic fluid embolism, obstetric shock and uterine rupture. Describe Bishop's Score. Explain methods of induction and augmentation of labour. Explain -a. Indications, contraindications, procedure and complications of ventouse delivery.b. Indications, contraindications, procedure and complications of forceps delivery.c. Indications, types and procedure of caesarean section.
4	Dr.Tandale M.B	Topic 10	Define Sootika and explain Sootika Kala with Paricharya. Describe puerperial changes and explain post-partum care. Describe Nidana, Samprapti, Lakshana, Bheda and Chikitsa of Sootika Vyapad. Explain contraception and family planning methods.
5	Dr.Chikate A.S	Topic 11	Explain Stanya Utpatti and describe Stanya Sampat Lakshana. Describe physiology of lactation and components of breast milk. Describe Nidana, Samprapti, Lakshana of Stanya.

Kanchanwadi

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayuv@gmail.com, Website: www.cmssayurved.com



Estd : 1959
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2015 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था नाशिक

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For NLHT UG

Dept.: Prasutitantra evum streeroga
Batch- Regular

Year: 2025-2026
TERM - 3

Sr. No.	Name of Faculty	NLHT Point	Syllabus
1	Dr.Yannawar S.M	21.1,21.2,23.1,25.1,27.1,27.2	Elaborate Benign conditions of Ovary – Ovarian tumour and Tubo-ovarian mass. Identify Premalignant and Malignant lesions of Female reproductive organs. Analyze Vaccination in cervical cancer. Explain Infections of Pelvic organs ; i) Due to a specific infection ii) Due to sensitive reaction iii) Due to Vaginal discharge or urinary contamination. Explain the Steps of Laparoscopic Tubal Ligation. Follow Sexual and Reproductive Health Rights. Explain the goals, objectives, and strategies of Reproductive and Child Health programme
2	Dr.Chikte A.S	11.1,11.2	Analyze Breast milk components and Learn breastfeeding techniques. Explain causes, clinical features, investigations and management of mastitis and breast abscess.
3	Dr.Pawar S.P	22.1,24.1,26.1	Diagnose and plan management of Guhya Roga (Sexually Transmitted Diseases). Demonstrate Self Breast examination. Adapt the indication and importance of formulation used in Prasuti Stree Roga.
4	Dr.Kharad K.Y	9.1,9.2,9.3	Demonstrate Bheda and Gati of Moodhagarbha . Discuss causes, clinical features and findings of investigation in obstetric emergencies. Demonstrate abnormal presentations - face, brow, shoulder.
	Dr. Candale		Explain causes, clinical features, management and complications of puerperal diseases.

Principal
Principal



Chhatrapati Shahu Maharaj Shikshan Sanstha
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar

Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एच. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@cmssayurved.com, principalcmssayuj@gmail.com, Website: www.cmssayurved.com



NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संचालित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

Est'd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124181

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH,
Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Annual Teaching Plan (ATP) For NLHP UG

Dept.:Prasutitantra evum steeroga

Year: 2024-2025

Batch- Regular

TERM - III

Sr. No.	Name of Faculty	NLHP Point	Syllabus
1	Dr.Yennawar S.M	21.1,21.2,21.3, 21.4,23.1,25.1, 25.2,25.3,25.4	Diagnose and manage Bartholin abscess / Cyst. Diagnose and manage Uterine Polyp. Diagnose and manage Fibroid Uterus. Diagnose and plan management of Tubo-ovarian mass. Diagnose and manage Abnormal Vaginal Discharges / Leucorrhoea (Non-infective). Diagnose and manage Abnormal Vaginal Discharges (Infective). Describe the steps of surgical procedure in Udaragata Garbhashaya Nirharana - Abdominal Hysterectomy. Describe the steps of surgical procedure in Yonimarga-gata Garbhashaya Nirharana - Vaginal Hysterectomy. Describe the steps of surgical procedure in Garbhashayamukha Vistrutikarana and Lekhana. (Dilatation and Curettage). Describe the steps of Surgical sterilization – Tubectomy and Vasectomy
2	Dr.Chikte A.S	11.1,11.2	Demonstrate breast feeding techniques. Diagnose Breast Engorgement, Mastitis, Breast abscess.
3	Dr.Pawar S.P	24.1,24.2,24.3	Illustrate Investigations in diseases of Breast - 1. Sono-mammogram 2. Fine Needle Aspiration Cytology (FNAC)3.Biopsy. Diagnose and manage Fibroadenoma Breast. Diagnose Breast carcinoma. Practice documentation - Antenatal Care, Intranatal care, Postnatal care, Tubectomy, Birth registry, Surgery and referral.
4	Dr. Kharad K.Y	9.1,9.2,9.3,9.4	Demonstrate Assisted Breech delivery techniques. Diagnose Cephalopelvic disproportion (CPD). Demonstrate Upadrava of Moodha garbha - Garbhakosha Parasanga, Makkala and Yonisamvarana. Calculate and Interpret Bishop's score.Demonstrate forceps application, vacuum extraction and Caesarean Section.Explain indications and complications for each mode of assistance
5	Dr. Tandale M.B	10.1,10.2,10.3	Demonstrate clinical examination of a puerperal woman - abdominal, perineal, and breast. Present case study on Sootika Vyadhi. Justify selection of contraceptives with method and time of administration.



Kanchanwadi
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar

Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कंचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)
Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222
Email: principal@csmsayurved.com, principalcsmsayuv@gmail.com, Website: www.csmsayurved.com



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



--	--	--	--

[Signature]

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Palthan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कंचनवडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

Tel: (0240) 2646201, 2646202, 2646464 Fax: (0240) 2646222

Email: principal@csmsayurved.com, principalcsmsayud@gmail.com, Website: www.csmsayurved.com