

CSMSS Ayurved Mahavidyalaya, Aurangabad.
Annual Teaching Plan (ATP) For Theory

Dept.: Panchakarma

Pre M.D.

Year:2024-2025

Theory	Name of Staff Dr. Neralkar	Name of Staff Dr. Sonwane	Name of Staff Dr. Barahate	Name of Staff Dr. Tandale	Name of Staff Dr. Survase
Ist Term	02.Principles of Chikitsa,Kriyakal, Shadvidha and Dvididha Upakrama and role of Panchakarma there in. 03. Applied aspects of Trividha, Shadvidha, Ashta Vidha and Dasha Vidha Pariksha.	06. Applied anatomy and physiology of cardiovascular and respiratory systems, functions of capillaries and its permeability. Methods of examination of respiratory and cardiovascular system. Interpretation of spirometry and ECG findings. 05.Samsarjana Krama. General knowledge of various Aushadha and Ahara Kalpana used for Panchakarma.		01. Definition of Karma. Trividha Karma for Shodhana	03.Indications and contraindications for Shodhana. Applied aspects of Koshttha and Agni. 04.Importance of Purva and Pashchata Karma in Shodhana. Parihara Vishaya for Panchakarma, 01.Chikitsa and its classifications; Antah-Parimarjana and Bahir-Parimarjana Chikitsa importance in Panchakarma. 07.Knowledge of equipments and instruments used in Panchakarma in ancient times and the possible modifications therein now.



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Dept. of Panchakarma
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Kanchanwadi, Chh. Sambhajinagar.

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IInd Term	04. Applied anatomy and physiology of cortex, cranial and peripheral nerves. Methods of physical examinations of central nervous system: sensory system, motor examination- muscle power and tone, superficial and deep reflexes, difference of upper and lower motor neuron lesions. Tremors & coordination	07. Knowledge and method of examination of various skin lesions. 06.Areas of research in Panchkarma.		02.Importance of Panchakarma in health and disease.	08.Applied anatomy of stomach, small intestine and large intestine. Detailed examination of gastro-intestinal system. 05. Functions of various single muscles and groups of muscles, applied anatomy and physiology of joints. Methods of examination of locomotor system. Differential diagnosis of Amavata (rheumatoid arthritis), Vatarakta (gout) and Sandhivata (osteoarthritis). Examination of lumbar and cervical disorders including Gridhrasi (sciatica) and Vishvachi (Brachial neuralgia). 08.Knowledge of quality standards of NABH (National Accreditation Board of Hospitals) for Ayurveda, guidelines for establishment and management of eco-friendly Panchkarma theatre including management of biomedical waste.
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Annual Teaching Plan (ATP) For Practical

Practical	Name of Staff Dr. Neralkar	Name of Staff Dr. Sonwane	Name of Staff Dr. Barahate	Name of Staff Dr. Tandale	Name of Staff Dr. Survase
Ist Term	1.Introduction of Panchakarma 2.X-Ray interpretation 3. Clinical examinations of Respiratory system.	1.Panchakarma Theatre and NABH 2.Clinical examinations of Nervous system 3.Applied aspects of U.S.G. in Panchakarma	.	1. Applied aspects of E.C.G. in Panchakarma. 2. Clinical examinations of Cardiovascular system	1.Equipment's and instruments of Panchakarma 2. Clinical examinations of Locomotor System. 3. Clinical examinations of GIT
IInd Term	1.Vamana	1.Basti		1.Snehana & Swedana	1.Nasya 2.Virechana



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