



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

NAAC ACCREDITED WITH B++, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Steps adopted by the Institution towards implementation of Swasthavritta activities such as Sadvritta, Achararasayana, Dinacharya and Ritucharya etc.

The institute, has conducted various awareness programmes yoga sessions for different issues related to senses and role of mind in causation of illnesses and methods to control mind like counseling, meditation and others were explained. These programs were conducted to the Geriatric age group, pregnant woman, ASHA workers, PHC Staff, and OPD patients to live Stress free and healthy life.

To involve students in yogic practices & promotion of such practices among the public/community full-fledge Yoga Hall, yoga demonstrator, Facility for advance Yogic practices like Jalneti, Sutra Neti etc. made available in the Institution.

Various guest lectures are organized by department of Swasthavritta Evam yoga in different colleges like CSMSS Engineering College Agriculture college, Polytechnic college for the management of stress through yoga. Adoption of five villages namely Manur, Bokuljalgaon, Pokhari, Chitegaon, Patoda, Lakhegaon through Dept. for conducting various health camps.

In June 2023- May 2024 Patients were benefitted by therapeutic and Common yoga is 425.

In January 2023 - June 2024 advance training of yoga was given to 78 students. Students admitted to Ayurveda discipline are benefitted by regular Yoga practice sessions.

Separate OPD register is available in OPD.



Prashant
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.